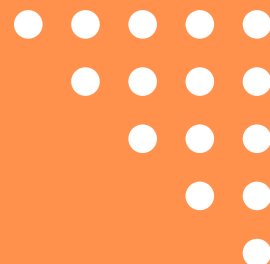


# March 2026



## EVENTS & ACTIVITIES

# Waconia Area Senior Center



## REGULAR HOURS

Monday-Thursday  
10am-3pm

## LOCATION

201 S. Vine St.  
Waconia, MN  
55387  
\*Located in City Hall\*

## WEBSITE

[www.waconiaseniorcenter.org](http://www.waconiaseniorcenter.org)

## QUESTIONS?

Call  
952.856.4474  
Email:  
[seniorcenter@waconia.org](mailto:seniorcenter@waconia.org)

## OUR MISSION

The mission of the Waconia Area Senior Center is to provide a centralized location for seniors to connect with other seniors and stay engaged in active living. We strive to establish a welcoming setting that promotes social, emotional, and physical well-being, and lifelong learning.



The Waconia Area Senior Center serves adults age 55 and over in Waconia and our surrounding communities. Individuals and groups are welcome to "drop in" and take advantage of our ample space, tables, games, and refreshments.

## PROGRAM REGISTRATION

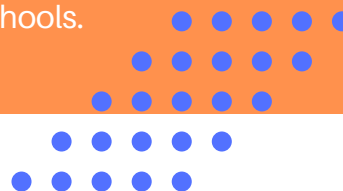
Program registration is now done online, through our website ([waconia-seniorcenter.org](http://waconia-seniorcenter.org)). Our on-site staff will be available to assist, if needed. Please call 952.856.4474 with any questions.

## DONATIONS GREATLY APPRECIATED

Funds are used for supplies and food provided in the Senior Center.

## WEATHER CLOSURES

The Senior Center will follow closures for the Waconia schools. Updates will be made on the website and Facebook.



## MARCH 2026 EVENTS & ACTIVITIES CALENDAR

MON

TUE

WED




THU

2

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**10am** Games of Choice  
**11am-12pm** Senior Strength    
**12:45pm** Mahjong: Learn & Play  
**1-2pm** Influential American Women Presentation 

**10am** Mexican Train Dominoes  
**10am** Sheephead/Cribbage: Learn & Play  
**1pm** Book Club

**10am** Card Games  
**10:30-11:30am** Card Game Highlight: Up & Down the River w/Mayor Litfin  
**12:30pm** Yahoo BINGO





**10am** Class of '65  
**10am** Board Games  
**11:30am-12:30pm** SAIL    
**12pm** Bridge



9



10


11

12

**10am** Games of Choice  
**10-11:45am** Quilting Group  
**11:45am-12:30pm** SS Chair Yoga    
**12:45pm** Mahjong: Learn & Play  
**5-7pm** Elvis Tribute Show    
 \*Deadline March 4th\*

**10am** Mexican Train Dominoes  
**10am** Sheephead/Cribbage: Learn & Play  
**12-2pm** Personal Tech Support   
**1-2:30pm** Medication Management Presentation 

**10am** Card Games  
**10:30-11:30am** Keep In Balance    
**12:30pm** BINGO


**9:30am-12pm** Chanhassen Senior Center Tour/Visit w/Sgt. Tyler   
**10am** Board Games  
**12pm** Bridge




16



17




18

19

**10am** Games of Choice  
**11-11:30am** Lakehouse Candles Co. Tour   
**12:45pm** Mahjong: Learn & Play

**10am** Mexican Train Dominoes  
**10am** Sheephead/Cribbage: Learn & Play  
**12-1pm** St. Patrick's Day Potluck   
**By Appointment:**  
 Foot Clinic @ Safari Island  

**10am** Card Games  
**10:30-11:30am** Keep In Balance    
**12:30pm** Yahoo BINGO



**10am** Board Games  
**10am-12pm** Crafts: Spring Flower Bouquet   
**12pm** Bridge  
**1:30-2:30pm** Line Dancing  

23



24

25

26

**10am** Games of Choice  
**11:45am-12:30pm** SS Chair Yoga    
**12:45pm** Mahjong: Learn & Play


**10am** Mexican Train Dominoes  
**10am** Sheephead/Cribbage: Learn & Play  
**11:30am-12:30pm** SAIL  

**10am** Card Games  
**11am-3pm** Chanhassen Dinner Theater: Guys & Dolls    
 \*Deadline March 11th\*  
**12:30pm** BINGO

**10am** Board Games  
**10:30-11:30am** Celebration of Life Gathering for Shirley Heinen  
**12-12:30pm** Poetry Group  
**12pm** Bridge

30

31

**10-11am** Donuts w/the Director of Public Services   
**12:45pm** Mahjong: Learn & Play

**10am** Mexican Train Dominoes  
**10am** Sheephead/Cribbage: Learn & Play  
**10:30-11:30am** Nutrition Presentation   
**11:30am-12:30pm** SAIL  

**REGULAR HOURS**

Monday-Thursday  
10am-3pm

**QUESTIONS?**

Call 952.856.4474  
Email: [seniorcenter@waconia.org](mailto:seniorcenter@waconia.org)  
[www.waconiaseniorcenter.org](http://www.waconiaseniorcenter.org)

**LOCATION**

201 S. Vine St., Waconia, MN 55387  
\*Located in City Hall\*



# Event & Activities Description

## **BINGO**

*Wednesdays 12:30pm*

Join us for classic and Yahoo BINGO.

## **Birthday Parties**

*Wednesday, Mar. 25*

Celebrate all birthdays during the month of March with some sweet treats!

## **Board Games**

*Thursdays 10am*

Come and enjoy your favorite board games with your friends! Channel your competitive spirit and enjoy the element of chance.

## **Book Club**

*Tuesday, Mar. 3 1pm*

Join us for a discussion of the book "Olive Kitteridge" by Elizabeth Strout. This book is a Pulitzer Prize-winning novel told through a series of connected stories set in a small coastal town in Maine. The book centers on Olive, a sharp-tongued yet deeply human retired schoolteacher, as her life intersects with friends, neighbors, and family over the years. With humor, heartbreak, and insight, Strout explores love, loneliness, aging, and the quiet complexities of ordinary lives.

## **Bridge**

*Thursdays 12pm*

Are you looking for a bridge game? Well here it is! We are starting an intermediate social/rubber bridge group. It is a great way for seniors to meet and keep their mind alive. No need to sign up. Walk in and play, no partner needed. Overall aim is to enjoy yourself!

## **Card Games/Games of Choice**

*Mondays & Wednesdays 10am*

Drop in to join a variety of card games including: Hand & Foot, 500, and Kings Corner. Check out the game highlights this month!

- Wednesday, Mar. 4 10:30-11:30am Up & Down the River w/Mayor Litfin

## **Celebration of Life Gathering for Shirley Heinen**

*Thursday, Mar. 26 10:30-11:30am*

A Celebration of Life gathering will be held in honor of Shirley Heinen, as family and friends come together to remember and cherish her life. This special time will offer an opportunity to share stories, reflect on meaningful memories, and celebrate the love and joy Shirley brought to those around her. All who knew her are welcome to attend and pay tribute to her remarkable life.

## **Chanhassen Dinner Theater: Guys & Dolls 💰\*** **\*Deadline March 11th\***

*Wednesday, Mar. 25 11am-3pm*

For the first time in over 35 years Chanhassen Dinner Theatres brings you a thrilling and electric staging of Guys and Dolls! From the gritty streets of New York to the colorful cafes of Havana, Guys and Dolls is a grand spectacle of music and comedy to delight audiences of all ages. This fresh production is set in Damon Runyon's mythical New York City in a perfect balance of story, dance, music and romance!

Bussing will be provided for this event, leaving the Waconia Senior Center at 11am. Please arrive a little early to board the bus. Lunch will be served at 11:30am and the show runs from 1-3pm, including an intermission. Prices include the dinner, show, and gratuity. The bus will bring you back to the Senior Center after the show, around 3:30pm.

Registration is required by March 11th. Reserve your spot, since space is limited!

# Event & Activities Description

## **Chanhassen Senior Center Tour & Visit w/Sgt.**

**Tyler Stahn \***

*Thursday, Mar. 12 9:30am-12pm*

Enjoy a welcoming visit to the Chanhassen Senior Center and connect with the community during a special meet-and-greet with Sgt. Tyler Stahn. This event offers a great opportunity to learn more about local public safety, ask questions, and build relationships in a friendly, relaxed setting. Bussing will be provided, leaving the Waconia Senior Center at 9:30am. The visit will conclude at 11:30am and arrive back in Waconia at 12pm.

## **Class of '65**

*Thursday, Mar. 5 10am*

Meet other "65ers" to connect and reminisce!

## **Craft: Spring Flower Bouquet \***

*Thursday, Mar. 19 10am-12pm Cost: FREE*

Come & enjoy craft therapy, socializing and discover your creativity!! This month's craft you will be making a beautiful bouquet of Spring flowers out of coffee filters!

## **Cribbage: Learn & Play**

*Tuesdays 10am*

A card game, usually for two players, in which each player tries to form various counting combinations of cards. Each player receives six cards, and the score is kept by moving pegs on a narrow rectangular board. Beginners and experts are invited to play.

## **Donuts with the Director of Public Works \***

*Monday, Mar. 30 10-11am*

Grab a donut and good conversation with Jon Haukaas, the Director of Public Services for the City of Waconia. As the person who helps keep Waconia's streets, utilities, parks, and public works running smoothly, Jon brings a mix of community-minded leadership and hometown friendliness to the table – especially when there's a donut in hand!

## **Elvis Tribute Show 💰 \***

**\*Deadline March 4th\***

*Monday, Mar. 9<sup>th</sup> 5-7pm*

Join us for dinner and a show! We'll start the night off in the Senior Center with Jersey Mike subs and sides. Then we will step into the world of Rock 'n' Roll royalty with Anthony Shore's Elvis Tribute Show! Experience the energy, charisma, and timeless music of Elvis Presley brought to life in a thrilling homage to the King of Rock 'n' Roll. With unforgettable hits, authentic style, and plenty of nostalgia, this performance captures the essence of Elvis's legendary stage presence. Anthony will be joined by his talented guitar player, making for an evening of live music you won't want to miss. Get ready for a night of memories, music, and pure Elvis magic! Reserve your spot today!

## **Foot Clinic \***

*Tuesday, Mar. 17 8am-4pm Cost: \$75*

Call 651.829.3944 to schedule your appointment at Safari Island in the Conference Room. Healthy feet enable you to maintain mobility and independence. Regular foot care is important for increased comfort and improved overall well-being. Registered nurses provide the following services: assessment of feet and skin, trim toenails, manage fungal nails, reduce corns/callus, and diabetic foot care.

## **Influential American Women Presentation \***

*Monday, Mar. 2 1-2pm (Maple Room)*

Travel through time with Doug Ohman as he highlights American Women who have made a positive difference in our nation's history. Clara Barton, Amelia Earhart and Harriet Tubman are just a few examples of Doug's favorites.

## **Keep In Balance \* 🦿**

*Wednesdays, Mar. 11 & Mar. 18*

*10:30-11:30am*

One of the main risk factors for falling is poor balance. Using a chair for support this 60-minute class will use a variety of exercises that target your balance and lower body strength! Tennis shoes recommended.

# Event & Activities Description

## **Lakehouse Candles Co. Tour \***

*Monday, Mar. 16 11-11:30am*

Take a behind-the-scenes tour of Lakehouse Candles Co. with Adriana Ernst, owner and co-founder, and discover the art of candle making! Guests will enjoy a guided look at the studio along with a short demonstration of the candle-making process, from pouring to finishing touches. A fun and fragrant experience for anyone who loves local craftsmanship and cozy scents.

## **Line Dancing \***

*Thursday, Mar. 19 1:30-2:30pm*

Grab your friends and let's get together for a little fun and exercise! Line dancing is a low impact activity which provides an excellent therapeutic exercise for our body, mind, and soul. You will learn a variety of line dancing steps to current and classic country music, as well as pop and rock! You will progress from basic to more advanced steps. Reserve your spot online today. Classes are offered by Jane Breeggemann. Jane has taught for over 10 years, to beginners of all ages. She loves to share her passion of line dancing. "Remember life may not be the party that we hoped for...but as long as we are here we should dance."

## **Mahjong: Learn & Play**

*Mondays 12:45pm*

A fun and popular tile-based game that was originated in China in the 19th century. It's a game of strategy, skill & luck, similar to rummy, where players try to be the first to collect 14 tiles of a certain combination. All levels are welcomed! If you have never played before a seasoned player will help guide you through the game. A GREAT way to challenge the mind!!! Mahjong sets provided by the Senior Center.

## **Medication Management \***

*Tuesday, Mar. 10 1-2:30pm*

Join us for an informative Medication Management presentation presented by Ridgeview Medical Center. This helpful session will cover safe and effective ways to organize medications, understand prescriptions, prevent harmful interactions, and ask the right questions of your healthcare providers. Designed with seniors in mind, this program offers practical tips to support health, safety, and confidence in managing daily medications.

## **Mexican Train Dominoes**

*Tuesdays 10am*

Mexican Train is a game played with dominoes. The object of the game is for a player to play all the tiles from his or her hand onto one or more chains, or trains, emanating from a central hub or "station". The game's most popular name comes from a special optional train that belongs to all players. Dominoes provided by the Senior Center.

## **Nutrition Presentation \***

*Tuesday, Mar. 31 10:30-11:30am*

*(Oak Room)*

The Sweet Spectrum: From Sugar to Substitutes. Sugars, sweeteners, and substitutes are nearly impossible to avoid—they're woven throughout the modern food supply. In this presentation, we'll break down the different types and roles of sugars, sweeteners, and substitutes, explore their potential benefits and drawbacks, examine links to chronic disease, and share strategies for enjoying sweets in a balanced, mindful way.

# Event & Activities Description

## Personal Technology Support \*

Thursday, Mar. 10 12-2pm

(Oak Room)

Our volunteer can help you:

- Troubleshoot device settings or errors
- Find and use helpful device features
- Manage online security and safety
- Download and manage applications
- Virtually connect via Zoom or Facetime

Bring your device with you.

## Poetry Group

Thursday, Mar. 26 12-12:30pm

(Oak Room)

Spring is coming! Birds & flowers wake and sing! Happy St. Patrick's celebration and limericks will be our theme this month! Whether you choose to read aloud or simply listen, come share the joy of experiencing poetry the way it's meant to be – together!

## Quilting Group

Monday, Mar. 9 10-11:45am

All quilters, including beginners, are invited to join this group each month.

## SAIL (Stay Active & Independent for Life) \*

Thursday, Mar. 5 &

Tuesdays, Mar. 24, & Mar. 31

11:30am-12:30pm

SAIL is an evidence based strength, balance, and flexibility fitness program for adults 65+ focusing on falls prevention. You'll be stronger, have better balance, feel better, and it will help you stay independent and active and prevent falls. The fitness class includes warm-up, aerobics, balance, strength training, and stretching exercises that can be done in a seated or standing position. The instructors are experienced and skilled and exercises have been tested with seniors!

## Senior Strength Exercise Class \*

Monday, Mar. 2 11am-12pm

This is a total body workout with a focus on strengthening the core and limbs while amplifying the body's movement through stretch, improving overall balance, posture, muscle tone and mobility. By learning how to move the body in a healthy way, one can reduce pain, improve body awareness, avoid injury and reinforce proper movement principles.

## Sheepshead: Learn & Play

Tuesdays 10am

Sheepshead is a trick-taking card game, often called American Schafkopf, played with a deck of 32 cards (7-A of each suit). It typically involves 4 players, but variations exist for 2-8 players. The game revolves around trick-taking and point-gathering, with a goal of reaching 61 points to win a hand.

## SilverSneakers Chair Yoga \*

Mondays, Mar. 9 & Mar. 23

11:45am-12:30pm

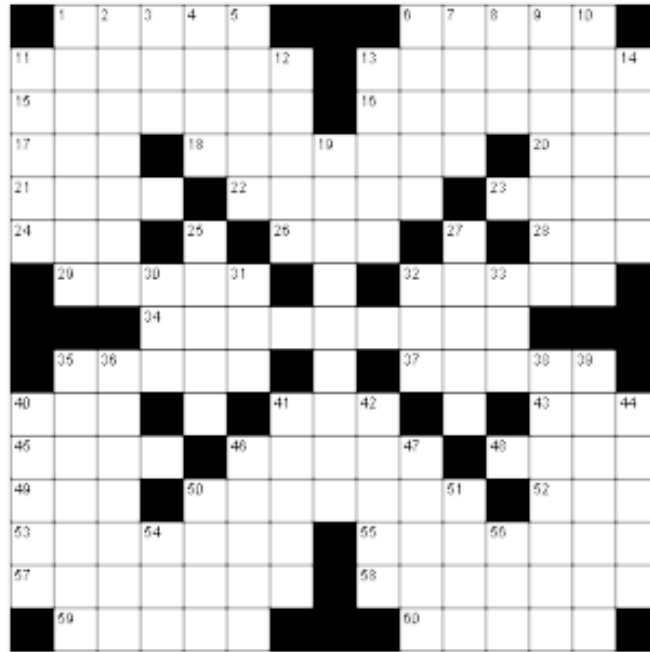
Move your body through a series of seated and standing yoga poses. Chair support helps you safely perform a variety of postures designed to increase flexibility and improve balance and range of motion. Restorative breathing exercises and final relaxation promote stress reduction and mental clarity.

## St. Patrick's Day Potluck \*

Tuesday, Mar. 17 12-1pm

Together let's celebrate the "Luck of the Irish" at the St. Patty's Day "Soup & Salad" Potluck! Bring your favorite soup, salad topping or dessert to share. Food sign-up is available at the Senior Center. Wear "GREEN" and you can put your name in the "Pot of Gold" to be a "lucky" winner for a prize drawing!

# Senior Center Crossword



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## ACROSS

1. Pierces
6. Falsified
11. Pair
13. Illegitimate
15. Oxygenates
16. God of the sea (Roman mythology)
17. Chinese revolutionary
18. Bothers
20. Advice columnist \_\_\_ Landers
21. Sea eagle
22. Gardening tools
23. Mid-month days
24. Collection or series
26. So far
28. Mineral-bearing rock
29. Round wooden rod
32. Fortune tellers
34. Restate
35. Arab country in northeast Africa
37. Jaunty rhythms
40. Glass container
41. A measure equal to 16 feet
43. Gremlin
45. Fertilizer ingredient
46. Anagram of "Noted"
48. Whirlpool
49. Anger
50. Argumentative
52. Prefix indicating recent or new
53. Bastion
55. Give forth
57. Foes
58. Fails to fulfill a promise
59. Coarsely ground hulled corn
60. Stitched

## DOWN

1. Uttered obscenities
2. A city in Ontario Canada
3. A king of Judah
4. The two of them
5. Smudge
6. Hurries away
7. Mountains in Europe
8. A set of tools
9. South American country
10. Main meals
11. Makes docile
12. An analytic literary composition
13. Cove
14. Taut or rigid
19. Body frames
25. Tearful
27. Abominable snowmen
30. Sardonic
31. Illuminated
32. Actor \_\_\_ Mineo
33. Snake-like fish
35. A piece of jewelry
36. One who welcomes
38. Adolescent
39. Precipitated as a mixture of rain and snow
40. Liquid from fruit
41. Boils
42. Dissuade
44. Flat masses of floating sea ice
46. Tall woody plants
47. 10 cent coins
50. Assemble or modify written material
51. Walking stick
54. French for "Friend"
56. Not old

## UPCOMING EVENTS...

- April 2026: MIA Art in Bloom
- May 2026: Barn Quilt Tour
- June 2026: Hocokata Ti Museum
- August 2026: Al & Alma's Boat Cruise
- September 2026: Fort Snelling Tour

# Event & Activities Description



All exercise classes are provided by Safari Island Community Center. Members of Safari Island can attend class for free. Non-members pay a \$5 fee. Not registered as a member of Safari Island? Most insurances provide a FREE membership. Please contact Kristi Sherlock at 952.442.3105 or [ksherlock@waconia.org](mailto:ksherlock@waconia.org) to see if you qualify!



## PROGRAM REGISTRATION REMINDER

Program registration is done online, through our website ([wacniaseniorcenter.org](http://wacniaseniorcenter.org)). Our on-site staff will be available to assist, if needed. Please call 952.856.4474 with any questions.



Registration Required



Fee Required



Exercise Class - Held in the Council Chambers

## ADVISORY COMMITTEE:

- Barbara Brooks
- Brenda Goede
- Gail Erickson
- Patsey Harris
- Bob Jax
- Sue Leffler
- Lynn Marie Stanley
- Helenette VanEyll
- Elaine Varner
- Heidi Vars



**WACONIA SENIOR CENTER**

Presents

# ELVIS

**MONDAY, MARCH 9**

WACONIA SENIOR CENTER  
5PM DINNER  
6-7PM ELVIS TRIBUTE

Join us for dinner and a show! We'll start the night off in the Senior Center with Jersey Mike subs and sides. Then we will step into the world of Rock 'n' Roll royalty with Anthony Shore's Elvis Tribute Show! Experience the energy, charisma, and timeless music of Elvis Presley brought to life in a thrilling homage to the King of Rock 'n' Roll. With unforgettable hits, authentic style, and plenty of nostalgia, this performance captures the essence of Elvis's legendary stage presence. Anthony will be joined by his talented guitar player, making for an evening of live music you won't want to miss. Get ready for a night of memories, music, and pure Elvis magic!

**Reserve your spot  
today!**

**Cost: \$10**

Check out a preview!



CELEBRATING THE LIFE OF



Shirley  
Heinen

1/19/34 - 1/26/26

Thursday, March 26, 2026

10:30-11:30am



A Celebration of Life gathering will be held in honor of Shirley Heinen, as family and friends come together to remember and cherish her life. This special time will offer an opportunity to share stories, reflect on meaningful memories, and celebrate the love and joy Shirley brought to those around her. All who knew her are welcome to attend and pay tribute to her remarkable life.

Waconia Senior Center  
201 S. Vine St., Waconia, MN 55387

