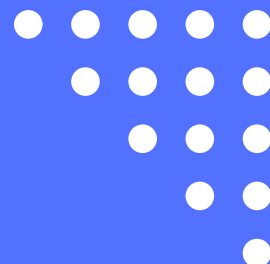


# June 2026



## EVENTS & ACTIVITIES

# Waconia Area Senior Center



## REGULAR HOURS

Monday-Thursday  
10am-3pm

## LOCATION

201 S. Vine St.  
Waconia, MN  
55387

\*Located in City Hall\*

## WEBSITE

[www.waconia-seniorcenter.org](http://www.waconia-seniorcenter.org)

## QUESTIONS?

Call  
952.856.4474  
Email:  
[seniorcenter@waconia.org](mailto:seniorcenter@waconia.org)

## OUR MISSION

The mission of the Waconia Area Senior Center is to provide a centralized location for seniors to connect with other seniors and stay engaged in active living. We strive to establish a welcoming setting that promotes social, emotional, and physical well-being, and lifelong learning.



The Waconia Area Senior Center serves adults age 55 and over in Waconia and our surrounding communities. Individuals and groups are welcome to "drop in" and take advantage of our ample space, tables, games, and refreshments.

## PROGRAM REGISTRATION

Program registration is now done online, through our website ([waconiaseniorcenter.org](http://waconiaseniorcenter.org)). Our on-site staff will be available to assist, if needed. Please call 952.856.4474 with any questions.

## DONATIONS GREATLY APPRECIATED

Funds are used for supplies and food provided in the Senior Center.

## WEATHER CLOSURES

The Senior Center will follow closures for the Waconia schools. Updates will be made on the website and Facebook.



# WACONIA SENIOR CENTER

\* Registration Required  
 \$ Fee Required  Exercise Class

## JUNE 2026 EVENTS & ACTIVITIES CALENDAR

MON

TUE

WED


THU

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3


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**10am** Games of Choice  
**11-12pm** Senior Strength   
**12:45pm** Mahjong: Learn & Play

**10am** Mexican Train Dominoes  
**10am** Sheephead \$ / Cribbage: Learn & Play  
**1pm** Book Club

**10am** Card Games  
**12:30pm** Yahoo BINGO \$

**9:15am-1:45pm** Hokokata Ti Museum Tour  
 \*Registration Deadline 5/28\* \$ \*


**10am** Class of '65  
**10am** Board Games  
**11:30am-12:30pm** SAIL   
**12pm** Bridge

8

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**10am** Games of Choice  
**10-11:45am** Quilting Group  
**10am-2pm** 55+ Driver Discount Program \$ \*  
**11:45am-12:30pm** SS Chair Yoga   
**12:45pm** Mahjong: Learn & Play

**10am** Mexican Train Dominoes  
**10am** Sheephead \$ / Cribbage: Learn & Play  
**11:30am-12:30pm** SAIL   
**12-3pm** Crafts: Summer Flower Bouquet \$ \*  
**12-2pm** Personal Tech Support \*

**10am** Card Games  
**10:30-11:30am** Card Game Highlight: Left-Center-Right \$  
**12:30pm** BINGO \$

**10am** Board Games  
**11am-12pm** Arm Chair Travel Adventure \*  
**12pm** Bridge  
**12:30-1:30pm** Carver County Historical Society Presents: Rosie the Riveter \*

15


16

17

18

**10am** Games of Choice  
**12:45pm** Mahjong: Learn & Play

**10am** Mexican Train Dominoes  
**10am** Sheephead \$ / Cribbage: Learn & Play  
**11:30am-12:30pm** SAIL   
**By Appointment:** Foot Clinic (Safari Island) \$ \*

**10am** Card Games  
**10:30-11:30am** Keep In Balance   
**12:30pm** Yahoo BINGO \$

**10am** Board Games  
**10am-12pm** Crafts: Tie Dying \$ \*  
**12pm** Bridge

22


23

24

25

**10am** Games of Choice  
**12:45pm** Mahjong: Learn & Play

**10am** Mexican Train Dominoes  
**10am** Sheephead \$ / Cribbage: Learn & Play  
**10:30-11:30am** Nutrition Presentation \*


**10am** Card Games  
**10:30-11:30am** Keep In Balance   
**12:30pm** BINGO \$

*Birthday Party*

**10am** Board Games  
**11am-12pm** Poetry Group  
**12pm** Bridge  
**12:30-1:30pm** Minnesota Trivia  
**2-2:45pm** Riding the Waves of Grief \*

29

30

**10-11am** Donuts w/Nicole Waldron (Waconia Farmers' Market) \*  
**11:45am-12:30pm** SS Chair Yoga   
**12:45pm** Mahjong: Learn & Play

**10am** Mexican Train Dominoes  
**10am** Sheephead \$ / Cribbage: Learn & Play  
**11:30am-12:30pm** SAIL 

**REGULAR HOURS**  
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[www.waconiaseniorcenter.org](http://www.waconiaseniorcenter.org)

# Event & Activities Description

## 55+ Driver Discount Program 💰 \*

Monday, Jun. 8 10am-2pm Cost: \$24  
(Maple Room)

Looking to save on your car insurance? Join us at the Waconia Senior Center for a 55+ Driver Discount Program on June 8 from 10:00 AM – 2:00 PM. Participants who complete the course may qualify for up to 10% off their car insurance for the next 3 years! This class also provides helpful tips on defensive driving, updated traffic laws, and staying safe on the road. Seats may fill quickly, so be sure to register early!

## Arm Chair Travel Adventure \*

Thursday, Jun. 11 11am-12pm

Get ready to travel to our neighbors to the North, Manitoba, Canada! Canada's untamed Heartland! Come and experience the magnificent Great Falls and so much more! Sign up today and come aboard!

## BINGO 💰

Wednesdays 12:30pm

Try your luck and enjoy some classic fun at our BINGO sessions! Join us for traditional fee-based BINGO (25¢/card) or mix it up with exciting Yahoo BINGO (10¢/card)—there's something for everyone. Bring your friends, test your luck, and don't miss out on the chance to win!

## Birthday Parties

Wednesday, Jun. 24

Help us celebrate all June birthdays with a fun and festive gathering! Enjoy sweet treats, great company, and a special time recognizing everyone celebrating this month.

## Board Games

Thursdays 10am

Gather your friends and join us for a fun-filled time of board games! Whether you're feeling competitive or just in it for the laughs, enjoy classic favorites, friendly competition, and a little luck along the way.

## Book Club

Tuesday, Jun. 2 1pm

Join us for our next Book Club discussion as we dive into *The River We Remember* by William Kent Krueger. Set in a small Minnesota town in 1958, this captivating novel weaves together mystery, heartbreak, and the lasting impact of secrets buried beneath the surface. Rich with unforgettable characters and emotional storytelling, it's a thought-provoking read that explores community, forgiveness, and the ties that bind us together. Whether you've finished the book or are just getting started, all readers are welcome to join the conversation!

## Bridge

Thursdays 12pm

Are you looking for a bridge game? Well here it is! We are starting an intermediate social/rubber bridge group. It is a great way for seniors to meet and keep their mind alive. No need to sign up. Walk in and play, no partner needed. Overall aim is to enjoy yourself!

## Card Games/Games of Choice

Mondays & Wednesdays 10am

Drop in for some fun and friendly competition with a variety of card games! Enjoy favorites like Hand & Foot, 500, Left Right Center, and Kings Corner—there's something for every skill level.

- Wednesday, Jun. 10 10:30-11:30am Left Right Center (Bring your dimes!) 💰

# Event & Activities Description

## **Carver County Historical Society Presents: Rosie The Riveter \***

*Thursday, Jun. 11 12:30-1:30pm*  
(Maple Room)

The iconic image of Rosie the Riveter and her phrase 'We Can Do It' have long captured the hearts and imagination of the country. After all, Rosie is the symbol of the working women of World War II. But what was it actually like for the women who joined the workforce while the country went to war? What did their entry mean for our country? Join us to hear about the real Rosies of the 1940s.

## **Class of '65**

*Thursday, Jun. 4 10am*

Connect with fellow "65ers" and enjoy a time of reminiscing, laughter, and shared memories. It's a great opportunity to meet others, make new connections, and celebrate the moments that bring you together.

## **Crafts: Summer Flower Bouquet 💰 \***

*Tuesday, Jun. 9 12-3pm* *Cost: \$5*

Come & enjoy craft therapy, socializing and discover your creativity!! Back by demand, this craft will give you the opportunity to make a colorful and stunning bouquet of flowers out of coffee filters! All materials will be provided! Please bring your fee with you to the session.

## **Crafts: Tie Dying 💰 \***

*Thursday, Jun. 18 10am-12pm* *Cost: \$5*

Create colorful, fun and easy works of art on dish towels. No clothing will be provided. You are welcome to bring your own items to tie dye if desired. White, 100% cotton and prewashed items are acceptable for tie dyeing. Please bring your fee with you to the session.

## **Cribbage: Learn & Play**

*Tuesdays 10am*

Join us for a friendly game of cribbage! This classic two-player card game challenges you to create scoring combinations while keeping track on the iconic pegged board. Whether you're a beginner or a seasoned player, all are welcome to join in the fun.

## **Donuts with Nicole Waldron \* (Waconia Farmer's Market)**

*Monday, Jun. 29 10-11am*

Enjoy a sweet start to your day with Donuts with Nicole Waldron from the Waconia Farmers Market! Stop by to connect with Nicole, share conversation, and learn more about what's happening in the community—all while enjoying fresh donuts in a fun, welcoming market atmosphere filled with local vendors and hometown charm.

## **Foot Clinic 💰 \***

*Tuesday, Jun. 16 8am-4pm*

*Cost: \$75*

Call 651.829.3944 to schedule your appointment at Safari Island in the Conference Room. Healthy feet enable you to maintain mobility and independence. Regular foot care is important for increased comfort and improved overall well-being. Registered nurses provide the following services: assessment of feet and skin, trim toenails, manage fungal nails, reduce corns/callus, and diabetic foot care.

## **Hocokata Ti Museum Tour 💰 \***

**\*Registration Deadline May 28\***

*Thursday, Jun. 4 9:15am-1:45pm*

*Cost: \$12*

Join us for a meaningful and engaging outing to the Hocokata Ti Museum! Hočokata Ŧi's 3,805-square-foot public exhibit, called Mdewakanton: Dwellers of the Spirit Lake, provides visitors with a cultural experience that enhances their knowledge and understanding of the Mdewakanton Dakota people and their history. Bussing will be provided and will depart from the Waconia Senior Center at 9:15am. There will be a guided tour from 10-11am. You'll have time to explore on your own until 12pm. After your visit, you'll head to Wampach's Restaurant for lunch (on your own). You will return to the Waconia Senior Center by 1:45pm. Cost is \$12 per person. Come along for a day of learning, connection, and great food!

# Event & Activities Description

## **Keep In Balance** 🦵🦵

*Wednesday, Jun. 17 & Jun. 24 10:30-11:30am  
(Council Chambers)*

One of the main risk factors for falling is poor balance. Using a chair for support this 60-minute class will use a variety of exercises that target your balance and lower body strength! Tennis shoes recommended.

## **Mahjong: Learn & Play**

*Mondays 12:45pm*

A fun and popular tile-based game that was originated in China in the 19th century. It's a game of strategy, skill & luck, similar to rummy, where players try to be the first to collect 14 tiles of a certain combination. All levels are welcomed! If you have never played before a seasoned player will help guide you through the game. A GREAT way to challenge the mind!!! Mahjong sets provided by the Senior Center.

## **Mexican Train Dominoes**

*Tuesdays 10am*

All aboard for Mexican Train! This fun and easy-to-learn dominoes game invites players to build "trains" from a central hub as they race to play all their tiles. With a mix of strategy and luck, it's a great way to connect and enjoy some friendly competition. Dominoes are provided—just bring yourself and join the fun!

## **Minnesota Trivia**

*Thursday, Jun. 25 12:30-1:30pm*

Join us for our monthly trivia event. Each month we will pick a different theme. This month's theme...Minnesota Trivia. Test your knowledge from lakes and landmarks to sports, history, and famous faces. This fun-filled event will celebrate all things Minnesota. Whether you're a lifelong local or just love the North Star State, this is an event you won't want to miss!

## **Nutrition Presentation \***

*Tuesday, Jun. 23 10:30-11:30am  
(Oak Room)*

Join us this June for our monthly nutrition presentation in recognition of National Brain Health Awareness Month! Registered Dietitian Andrew Akhaphong from Mackenthun's will share practical strategies to support cognitive wellness through nutrition and lifestyle habits. Learn how everyday choices can help boost memory, focus, and long-term brain health in this informative and engaging session.

## **Personal Technology Support \***

*Tuesday, Jun. 9 12-2pm  
(Oak Room)*

Our volunteer can help you:

- Troubleshoot device settings or errors
- Find and use helpful device features
- Manage online security and safety
- Download and manage applications
- Virtually connect via Zoom or Facetime

Bring your device with you.

## **Poetry Group**

*Thursday, Jun. 25 11am-12pm  
(Oak Room)*

This month's theme we will be sharing poems around Welcoming Summer along with Old & New Childhood poems. Whether you choose to read aloud or simply listen, come share the joy of experiencing poetry the way it's meant to be - together!!

## **Quilting Group**

*Monday, Jun. 8 10-11:45am*

All quilters are welcome to join this monthly gathering! Whether you're a beginner or experienced, enjoy a relaxed and creative space to share ideas, learn new techniques, and connect with fellow quilting enthusiasts.

# Event & Activities Description

## **Riding the Waves of Grief \***

*Thursday, Jun. 25 2-2:45pm*

When a loved one dies, grieving is hard work and best done with others. Whether your grief is fresh and raw, or you have travelled with you loss for a while, all are welcome. Gale Reitan, Chaplain at Ridgeview Medical Center, will share poems, artwork, and information about riding the waves of grief. There will be plenty of time for you to ask questions and seek support.

## **SAIL (Stay Active & Independent for Life) 🦽**

*Thursday, Jun. 4 & Tuesdays, Jun. 9, Jun. 16, & Jun. 30*

*11:30am-12:30pm*

*(Council Chambers)*

SAIL is an evidence based strength, balance, and flexibility fitness program for adults 65+ focusing on falls prevention. You'll be stronger, have better balance, feel better, and it will help you stay independent and active and prevent falls. The fitness class includes warm-up, aerobics, balance, strength training, and stretching exercises that can be done in a seated or standing position. The instructors are experienced and skilled and exercises have been tested with seniors!

## **Seniors Strength Exercise Class 🦽**

*Monday, Jun. 1 11am-12pm*

*(Council Chambers)*

This is a total body workout with a focus on strengthening the core and limbs while amplifying the body's movement through stretch, improving overall balance, posture, muscle tone and mobility. By learning how to move the body in a healthy way, one can reduce pain, improve body awareness, avoid injury and reinforce proper movement principles.

## **Sheephead: Learn & Play 💰**

*Tuesdays 10am*

Join us for a lively game of Sheephead! This classic trick-taking card game is played with a 32-card deck and centers on strategy, teamwork, and reaching 61 points to win the hand. Whether you're experienced or looking to learn, all are welcome—just be sure to bring your change!

## **SilverSneakers Chair Yoga 🦽**

*Mondays, Jun. 8 & Jun. 29*

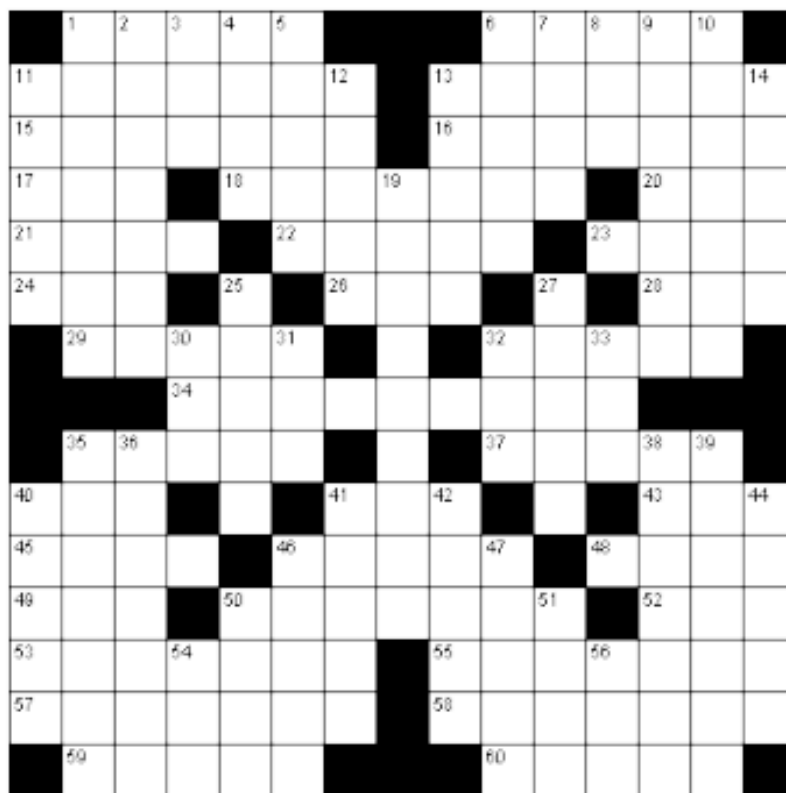
*11:45am-12:30pm*

*(Council Chambers)*

Move your body through a series of seated and standing yoga poses. Chair support helps you safely perform a variety of postures designed to increase flexibility and improve balance and range of motion. Restorative breathing exercises and final relaxation promote stress reduction and mental clarity.

# Senior Center Crossword

## Crossword no.4



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### ACROSS

1. Stop
6. Sea eagles
11. Glowing
13. Wound
15. Set of necessary skills or talents
16. Pelvis
17. Watch chain
18. Whim
20. Be able to
21. Fare or tariff
22. Darlings
23. Gashes
24. South southeast
26. Seat oneself
28. Golf-ball support
29. An analytic literary composition
32. Urns
34. Deletions
35. Assemble
37. Clever and facetious
40. Faster Than Light
41. A swindle
43. Stammer
45. Wild African sheep
46. Blisters
48. 10 cent coin
49. It is (poetic)
50. Pried
52. Scottish for "Uncle"
53. A part of a broadcast serial
55. Caused sorrow
57. Instruments
58. Women's tops that fasten behind the back
59. Writing tables
60. Category

### DOWN

1. Last car on a freight train
2. Consumables
3. Be unwell
4. A Levantine ketch
5. Inward
6. Long narrative poems of heroism
7. Braided cord
8. An elegantly dressed man
9. Declaim
10. Anagram of "Sateens"
11. Floating log platforms
12. Kinds or sorts
13. Garment of the upper body
14. Compact
19. Deluge
25. Cardigan
27. Anxiety
30. Drunkard
31. Bark in a high-pitched tone
32. Oath
33. Supersonic transport
35. Decorated with long colored bands
36. Evasive
38. Robbers
39. Whines
40. Destined
41. Arrives
42. Horse sound
44. Unwanted plants
46. The borders of an object
47. Ice pinnacle
50. Athlete
51. An aromatic Old World herb
54. Female sibling
56. 7th letter of the Greek alphabet

# Event & Activities Description



All exercise classes are provided by Safari Island Community Center. Members of Safari Island can attend class for free. Non-members pay a \$5 fee. Not registered as a member of Safari Island? Most insurances provide a FREE membership. Please contact Kristi Sherlock at 952.442.3105 or [ksherlock@waconia.org](mailto:ksherlock@waconia.org) to see if you qualify!



## PROGRAM REGISTRATION REMINDER

Program registration is done online, through our website ([wacniaseniorcenter.org](http://wacniaseniorcenter.org)). Our on-site staff will be available to assist, if needed. Please call 952.856.4474 with any questions.

Registration Required

Fee Required Exercise Class

## ADVISORY COMMITTEE:

- Barbara Brooks
- Gail Erickson
- Brenda Goede
- Patsey Harris
- Bob Jax
- Sue Leffler
- Lynn Marie Stanley
- Helenette VanEyll
- Elaine Varner
- Heidi Vars





- **6/4/26** Hocokata Ti Museum (Deadline 5/28)  
\$12
- **7/20/26** Al & Alma Cruise (Deadline 7/13) \$30
- **9/15/26** Fort Snelling Tour (More Information to Come)
- **9/29/26** Carlson Apple Orchard (Deadline 9/22) \$5
- **10/6/26** Jolly Huntsmen Polka Band/Oktoberfest Dinner (Deadline 9/29) \$15
- **10/21/26** Chan-o-Laires Luncheon (Deadline 10/14)
- **11/24/26** Giving Thanks Meal/Moments to Remember Performance w/Mike Henry (More Information to Come)