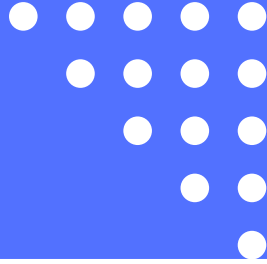


April 2026



EVENTS & ACTIVITIES

Waconia Area Senior Center



REGULAR HOURS

Monday-Thursday
10am-3pm

LOCATION

201 S. Vine St.
Waconia, MN
55387

Located in City Hall

WEBSITE

www.waconiaseniorcenter.org

QUESTIONS?

Call
952.856.4474
Email:
seniorcenter@waconia.org

OUR MISSION

The mission of the Waconia Area Senior Center is to provide a centralized location for seniors to connect with other seniors and stay engaged in active living. We strive to establish a welcoming setting that promotes social, emotional, and physical well-being, and lifelong learning.



The Waconia Area Senior Center serves adults age 55 and over in Waconia and our surrounding communities. Individuals and groups are welcome to "drop in" and take advantage of our ample space, tables, games, and refreshments.

PROGRAM REGISTRATION

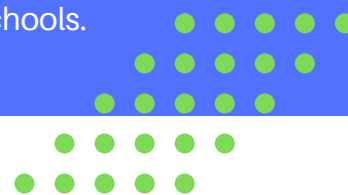
Program registration is now done online, through our website (waconiaseniorcenter.org). Our on-site staff will be available to assist, if needed. Please call 952.856.4474 with any questions.

DONATIONS GREATLY APPRECIATED

Funds are used for supplies and food provided in the Senior Center.

WEATHER CLOSURES

The Senior Center will follow closures for the Waconia schools. Updates will be made on the website and Facebook.



WACONIA SENIOR CENTER

* Registration Required
 \$ Fee Required  Exercise Class

APRIL 2026 EVENTS & ACTIVITIES CALENDAR

REGULAR HOURS

Monday-Thursday
 10am-3pm

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201 S. Vine St.,
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 Located in City Hall

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WED

THU

1

2

10am Card Games
 12:30pm Yahoo BINGO

10am Class of '65
 10am Board Games
 11:30am-12:30pm
 SAIL * 
 12pm Bridge

MON

TUE

6

7

10am Games of Choice
 11-12pm Senior
 Strength * 
 12:45pm Mahjong:
 Learn & Play

10am Mexican Train
 Dominoes
 10am Sheephead/Cribbage:
 Learn & Play
 11:30am-12:30pm
 SAIL * 
 1 Book Club

10am Card Games
 10:30-11:30am Card
 Game Highlight:
 Left Center Right
 12:30pm BINGO

10am Board Games
 11am-12pm Arm Chair
 Travel Adventure *
 12pm Bridge
 12:30-1:30pm The
 Evolution of Farming *

13


14

15

16

10am Games of Choice
 10-11:45am Quilting Group
 12:45pm Mahjong:
 Learn & Play
 2:30-4pm Feed My Starving
 Children *
 Deadline 4/6

10am Mexican Train
 Dominoes
 10am Sheephead/Cribbage:
 Learn & Play
 12-2pm Tech Support *

10am Card Games
 10:30-11:30am Keep In
 Balance * 
 12:30pm Yahoo BINGO


10am Board Games
 10am-12pm Crafts:
 Butterfly Stakes Diamond
 Painting \$ *
 12pm Bridge

20

21

22

23

10-11am Donuts w/
 Gather & Grow *
 11:45am-12:30pm SS
 Chair Yoga * 
 12:45pm Mahjong:
 Learn & Play
 1-3pm Minnesota \$ *
 Watercolor Florals

10am Mexican Train
 Dominoes
 10am Sheephead/Cribbage:
 Learn & Play
 10:30-11:30am Nutrition
 Presentation *
 11:30am-12:30pm
 SAIL * 
 By Appointment: Foot Clinic
 (Safari Island) \$ *

10am Card Games
 12:30pm BINGO


9:15am-1:45pm
 Minneapolis Institute of
 Art - Art in Bloom \$ *
 Deadline 4/16
 10am Board Games
 12pm Bridge

27


28

29

30

10am Games of Choice
 11:45am-12:30pm SS
 Chair Yoga * 
 12:45pm Mahjong:
 Learn & Play

10am Mexican Train
 Dominoes
 10am Sheephead/Cribbage:
 Learn & Play

10am Card Games
 10:30-11:30am Keep In
 Balance * 
 12:30pm BINGO

10am Board Games
 11:30am-12:30pm Poetry
 Group
 12pm Bridge
 12:30-1:30pm Minnesota
 Trivia

*Birthday
 Party*

Event & Activities Description

Arm Chair Travel Adventure *

Thursday, Apr. 11 11am-12pm

Pack your imagination and join the Armchair Travel Club for a spectacular journey to the White Continent! Barb and Steve Pieh will take you on an unforgettable adventure to Antarctica, sharing stories and stunning insights about penguins, whales, seals, towering glaciers, and the thrill of crossing the infamous Drake Passage. You'll even experience what it's like to kayak in the crystal-clear waters of the Antarctic Peninsula – all from the comfort of your seat. No passport required – just a sense of adventure!

BINGO

Wednesdays 12:30pm

Join us for classic and Yahoo BINGO.

Birthday Parties

Wednesday, Apr. 29

Celebrate all birthdays during the month of April with some sweet treats!

Board Games

Thursdays 10am

Come and enjoy your favorite board games with your friends! Channel your competitive spirit and enjoy the element of chance.

Book Club

Tuesday, Apr. 7 1pm

Join us for a discussion of the book “The Boys in the Boat,” by Daniel James Brown. This book tells the inspiring true story of the University of Washington’s eight-oar rowing team and their quest for gold at the 1936 Berlin Olympics. The book follows a group of working-class young men, including Joe Rantz, who overcome hardship, teamwork challenges, and the pressures of competing on the world stage. It’s a powerful story of perseverance, unity, and the triumph of determination during the Great Depression.

Bridge

Thursdays 12pm

Are you looking for a bridge game? Well here it is! We are starting an intermediate social/rubber bridge group. It is a great way for seniors to meet and keep their mind alive. No need to sign up. Walk in and play, no partner needed. Overall aim is to enjoy yourself!

Card Games/Games of Choice

Mondays & Wednesdays 10am

Drop in to join a variety of card games including: Hand & Foot, 500, Kings Corner, and more!

- Wednesday, Apr. 8 10:30-11:30am Left Right Center (Bring your dimes!)

Class of '65

Thursday, Apr. 2 10am

Meet other “65ers” to connect and reminisce!

Crafts: Butterfly Stakes Diamond Painting 💰 *

Tuesday, Apr. 16 10am-12pm Cost: \$5

Come & enjoy craft therapy, socializing, and discover your creativity! This month’s craft you will choose a butterfly to diamond paint and then secure it on a plant stake to put in your favorite plant OR give it away as a gift to a friend! Please bring your fee with you the day of the event. Limited to 12 people.

Cribbage: Learn & Play

Tuesdays 10am

A card game, usually for two players, in which each player tries to form various counting combinations of cards. Each player receives six cards, and the score is kept by moving pegs on a narrow rectangular board. Beginners and experts are invited to play.

Event & Activities Description

Donuts with Gather & Grow *

Monday, Apr. 20 10-11am

Join us for Donuts with Angie Cruzen from Gather & Grow! Start your morning with coffee, donuts, and meaningful conversation as Angie shares more about Gather & Grow Food Shelf and Connection Center and their commitment to serving families in a pleasant, dignified environment. This relaxed gathering is a wonderful opportunity to learn how Gather & Grow supports our community, ask questions, and discover ways to get involved. **Guests are encouraged to bring a food item to donate to Gather & Grow.** Come hungry for donuts and leave inspired by connection and impact!

Feed My Starving Children Packing *

Deadline Apr. 6 Minimum: 6

Monday, Apr. 13 2:30-4pm

Volunteer to hand-pack nutritious meals for hungry children worldwide, during this Senior Session. Feed My Starving Children is a non-profit organization that strives to eliminate malnutrition and starvation in children around the world. 15 spots are available. Reserve your spot online! Packing will take place at the Chanhassen location: 18732 Lake Dr E, Chanhassen, MN 55317 *Transportation will not be provided.

Foot Clinic 💰 *

Tuesday, Apr. 21 8am-4pm *Cost: \$75*

Call 651.829.3944 to schedule your appointment at Safari Island in the Conference Room. Healthy feet enable you to maintain mobility and independence. Regular foot care is important for increased comfort and improved overall well-being. Registered nurses provide the following services: assessment of feet and skin, trim toenails, manage fungal nails, reduce corns/callus, and diabetic foot care.

Keep In Balance * 🦯

Wednesday, Apr. 15 & Apr. 29 10:30-11:30am

(Council Chambers)

One of the main risk factors for falling is poor balance. Using a chair for support this 60-minute class will use a variety of exercises that target your balance and lower body strength! Tennis shoes recommended.

Mahjong: Learn & Play

Mondays 12:45pm

A fun and popular tile-based game that was originated in China in the 19th century. It's a game of strategy, skill & luck, similar to rummy, where players try to be the first to collect 14 tiles of a certain combination. All levels are welcomed! If you have never played before a seasoned player will help guide you through the game. A GREAT way to challenge the mind!!! Mahjong sets provided by the Senior Center.

Mexican Train Dominoes

Tuesdays 10am

Mexican Train is a game played with dominoes. The object of the game is for a player to play all the tiles from his or her hand onto one or more chains, or trains, emanating from a central hub or "station". The game's most popular name comes from a special optional train that belongs to all players. Dominoes provided by the Senior Center.

Event & Activities Description

Minneapolis Institute of Art - Art in Bloom 💰 *

Deadline Apr. 16** **Minimum Needed: 10

Thursday, Apr. 23 9:15am-1:45pm Cost: \$5

Join us for a delightful spring outing to the Minneapolis Institute of Art for the stunning Art in Bloom exhibit! Experience beautiful floral interpretations inspired by works of art throughout the museum. We'll depart the Waconia Senior Center at 9:15am, arrive at MIA at 10:00am, and enjoy the exhibit before departing at 12:00pm. Afterward, we'll head to Hope Breakfast Bar - Edina for lunch at 12:15pm. We'll leave the restaurant at 1:15pm and return to the Waconia Senior Center by 1:45pm. Sit back, relax, and enjoy a beautiful day filled with art, flowers, and great company!

Minnesota Trivia

Thursday, Apr. 30 12:30-1:30pm

Join us for our monthly trivia event. Each month we will pick a different theme. This month's theme...Minnesota Trivia. Test your knowledge from lakes and landmarks to sports, history, and famous faces. This fun-filled event will celebrate all things Minnesota. Whether you're a lifelong local or just love the North Star State, this is an event you won't want to miss!

Minnesota Watercolor Florals 💰 *

Monday, Apr. 20 1-3pm Cost: \$10

Celebrate spring by learning to paint the ephemeral flowers blooming all around us here in Minnesota. In this fun and colorful workshop, instructor Erin Stahl with Minnetonka Center for the Arts, will guide you through watercolor techniques that bring blossoms to life. You'll explore how to see the delicate details of each flower and practice brush handling on watercolor paper to capture their natural light and springtime beauty. A perfect class for welcoming the season with creativity and color! Limited to 10 people.

Nutrition Presentation *

*Tuesday, Apr. 21 10:30-11:30am
(Oak Room)*

Join Andrew Akhaphong, Mackenthun's Registered Dietitian, for a special National Soy Month nutrition presentation: From Bean to Plate: Exploring Soy's Impact on Health! Discover how soy travels from farm to table and the powerful role it can play in a balanced diet. Andrew will break down the nutritional benefits of soy, clear up common myths, and share practical ways to incorporate soy into everyday meals for improved health and wellness.

Personal Technology Support *

*Tuesday, Apr. 14 12-2pm
(Oak Room)*

Our volunteer can help you:

- *Troubleshoot device settings or errors*
- *Find and use helpful device features*
- *Manage online security and safety*
- *Download and manage applications*
- *Virtually connect via Zoom or Facetime*

Bring your device with you.

Poetry Group

*Thursday, Apr. 30 11:30am
(Oak Room)*

April Fools and April Showers will be our theme this month! Whether you choose to read aloud or simply listen, come share the joy of experiencing poetry the way it's meant to be - together!

Quilting Group

Monday, Apr. 13 10-11:45am

All quilters, including beginners, are invited to join this group each month.

Event & Activities Description

SAIL (Stay Active & Independent for Life) *

Thursdays, Apr. 2 & Tuesdays, Apr. 7 & Apr. 21

11:30am-12:30pm

(Council Chambers)

SAIL is an evidence based strength, balance, and flexibility fitness program for adults 65+ focusing on falls prevention. You'll be stronger, have better balance, feel better, and it will help you stay independent and active and prevent falls. The fitness class includes warm-up, aerobics, balance, strength training, and stretching exercises that can be done in a seated or standing position. The instructors are experienced and skilled and exercises have been tested with seniors!

Seniors Strength Exercise Class *

Monday, Apr. 6 11am-12pm

(Council Chambers)

This is a total body workout with a focus on strengthening the core and limbs while amplifying the body's movement through stretch, improving overall balance, posture, muscle tone and mobility. By learning how to move the body in a healthy way, one can reduce pain, improve body awareness, avoid injury and reinforce proper movement principles.

Sheephead: Learn & Play

Tuesdays 10am

Sheepshead is a trick-taking card game, often called American Schafkopf, played with a deck of 32 cards (7-A of each suit). It typically involves 4 players, but variations exist for 2-8 players. The game revolves around trick-taking and point-gathering, with a goal of reaching 61 points to win a hand.

SilverSneakers Chair Yoga *

Mondays, Apr. 20 & Apr. 27

11:45am-12:30pm

(Council Chambers)

Move your body through a series of seated and standing yoga poses. Chair support helps you safely perform a variety of postures designed to increase flexibility and improve balance and range of motion. Restorative breathing exercises and final relaxation promote stress reduction and mental clarity.

The Evolution of Farming *

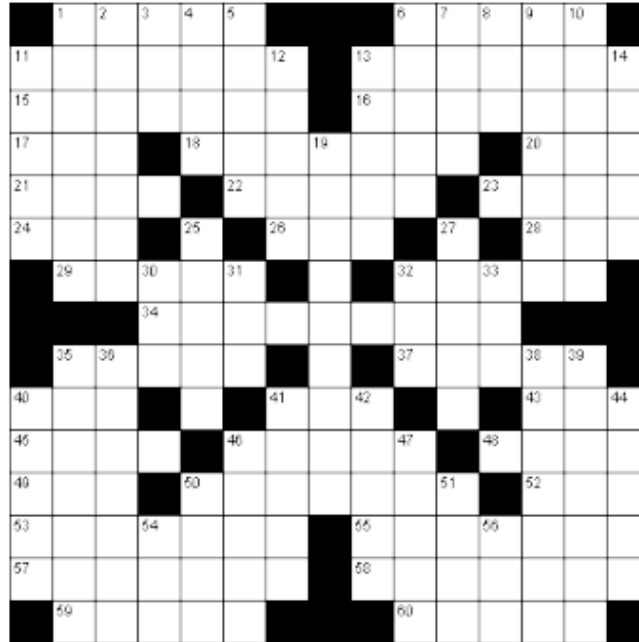
Thursday, Apr. 9 12:30-1:30pm

(Maple Room)

Farming is one of the oldest professions in the state but the way it is done has changed greatly over the decades. Advancements in science and technology changed not only the tools of farmers but their overall ability to produce food through their fields and their herds. From the iron plow to the first steam powered tractors, from rotating fields to the use of fertilizers and pesticides, nearly no part of farming works exactly as it did when our state formed. In this program Jayna Hulleman, from the Carver County Historical Society, will explore the answer to one big question: how did we go from small, 160 acre farms and only as many animals as needed to survive to the kinds of farms that we see today – with thousands of acres and thousands of animals?

Senior Center Crossword

Crossword no.2



© PDFcrosswords.com

ACROSS

1. Operated a vehicle
6. A type of shovel
11. Dampens
13. A movable barrier in motor racing
15. Plunge
16. Suggesting
17. Monetary unit of Laos
18. Combusting in a fire
20. Cut undressed timber
21. Mild expletive
22. Each and all of them
23. Correspond
24. Soak or saturate
26. Self-importance
28. Old age (archaic)
29. Views as
32. Get up
34. Attractive
35. Clique
37. Expresses in spoken words
40. Woman
41. Snake
43. A type of cereal grass
45. Desolation
46. Magic batons
48. Prefix indicating "Within"
49. A mountain on Crete
50. Vestment
52. Strong liquor flavored with juniper berries
53. A path or channel
55. A verbal commitment
57. Immersed
58. Natural skills
59. An organic compound made from an alcohol
60. Twinges

DOWN

1. Part mortal and part god
2. Violent disorder
3. A lyric poem
4. "Action word"
5. Result
6. Glistening
7. A high-pitched metallic sound
8. Play a role
9. Newspapers published everyday
10. Give a title to someone
11. Levees
12. Wait on 13. Prefix indicating "Hand"
14. Provoked
19. Cancellations
25. Smudge
27. Vicious
30. Wane
31. Actor ___ Mineo
32. Toward the rear
33. Sick
35. Lizard-like amphibian
36. False identities
38. Yearning
39. People who get pleasure from inflicting pain
40. Grasps
41. Founded
42. Take into one's family
44. Musical notes
46. Bet
47. Discarded pieces
50. Sleeveless cloak
51. A Chadid language
54. Collection or series
56. Adult males

UPCOMING EVENTS...

- May 14, 2026: Barn Quilt Tour
- June 2026: Hocoata Ti Museum
- July 20, 2026: Al & Alma Cruise
- September 2026: Fort Snelling Tour

Event & Activities Description



All exercise classes are provided by Safari Island Community Center. Members of Safari Island can attend class for free. Non-members pay a \$5 fee. Not registered as a member of Safari Island? Most insurances provide a FREE membership. Please contact Kristi Sherlock at 952.442.3105 or ksherlock@waconia.org to see if you qualify!



PROGRAM REGISTRATION REMINDER

Program registration is done online, through our website (wacniaseniorcenter.org). Our on-site staff will be available to assist, if needed. Please call 952.856.4474 with any questions.

Registration Required

Fee Required Exercise Class

ADVISORY COMMITTEE:

- Barbara Brooks
- Gail Erickson
- Brenda Goede
- Patsey Harris
- Bob Jax
- Sue Leffler
- Lynn Marie Stanley
- Helenette VanEyll
- Elaine Varner
- Heidi Vars





May 14, 2026: Barn Quilt Tour
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