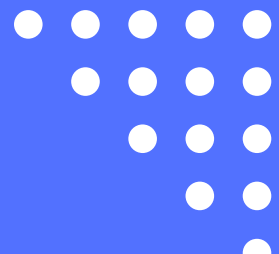


December 2025



EVENTS & ACTIVITIES

Waconia Area Senior Center



OUR MISSION

The mission of the Waconia Area Senior Center is to provide a centralized location for seniors to connect with other seniors and stay engaged in active living. We strive to establish a welcoming setting that promotes social, emotional, and physical well-being, and lifelong learning.



The Waconia Area Senior Center serves adults age 55 and over in Waconia and our surrounding communities. Individuals and groups are welcome to "drop in" and take advantage of our ample space, tables, games, and refreshments.

PROGRAM REGISTRATION

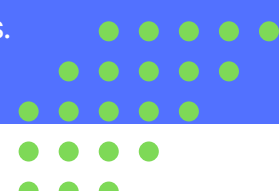
Program registration is now done online, through our website (waconia-seniorcenter.org). Our on-site staff will be available to assist, if needed. Please call 952.856.4474 with any questions.

DONATIONS GREATLY APPRECIATED

Funds are used for supplies and food provided in the Senior Center.

WEATHER CLOSURES

The Senior Center will follow closures for the Waconia schools. Updates will be made on the website and Facebook.



REGULAR HOURS

Monday-Thursday
10am-3pm

LOCATION

201 S. Vine St.
Waconia, MN
55387

Located in City Hall



WEBSITE

www.waconia-seniorcenter.org

QUESTIONS?

Call
952.856.4474
Email:
seniorcenter@waconia.org

WACONIA SENIOR CENTER

 Registration Required
 Fee Required  Exercise Class

DECEMBER 2025 EVENTS & ACTIVITIES CALENDAR

MON

TUE

WED



THU

1


2

3

4

10am Games of Choice
11am-12pm Seniors Strength  
12:45pm Mahjong: Learn & Play

10am Mexican Train Dominoes
10am Sheephead/Cribbage: Learn & Play
10am-12pm Craft: Living Green Arrangement  
1pm Book Club

10am Card Games
10:30-11:30am Estate Planning Presentation 
12:30pm Yahoo BINGO



10am Class of '65
10am Board Games
11:30am-12:30pm SAIL  
12:30pm Bridge
12:30-3pm Personal Tech Support 
1-2pm Intro to AI Presentation 

8


9



10

11

10am Games of Choice
10-11:45am Quilting Group
11:45am-12:30pm SS Chair Yoga  
12:45pm Mahjong: Learn & Play

10am Mexican Train Dominoes
10am Sheephead/Cribbage: Learn & Play
10:30am-3:45pm SideKick Theater: A Christmas Carol  

10am Card Games
10:30am-12:30pm Soup & Salad Potluck w/Mayor Litfin 
12:30pm BINGO

10am Board Games
11:30am Poetry Group
12:30pm Bridge
1:30-2:30pm Line Dancing  

15



16


17

18

10am Games of Choice
12:45pm Mahjong: Learn & Play

10am Mexican Train Dominoes
10am Sheephead/Cribbage: Learn & Play
By Appointment: Foot Clinic (Safari Island)  

10am Card Games
10:30-11:30am Keep In Balance  
12:30pm Yahoo BINGO



10am Board Games
10:30am-12pm Christmas Arm Chair Travel Adventure 
12:30pm Bridge
12:30-1:30pm Food Trivia

22

23

24

25

10am Games of Choice
11:45am-12:30pm SS Chair Yoga  
12:45pm Mahjong: Learn & Play

10am Mexican Train Dominoes
10am Sheephead/Cribbage: Learn & Play

FACILITY CLOSED





FACILITY CLOSED


29

30

31

10-11am Donuts with EMT, Sara Burton 
12:45pm Mahjong: Learn & Play

10am Mexican Train Dominoes
10am Sheephead/Cribbage: Learn & Play
1:30-2:30pm Keep It Moving  

10am Card Games
11am-12:30pm Happy Noon Year Celebration 
12:30pm BINGO

Birthday Party

REGULAR HOURS

Monday-Thursday
10am-3pm

LOCATION

201 S. Vine St.,
Waconia, MN 55387
Located in City Hall

QUESTIONS?

Call 952.856.4474
 Email:
seniorcenter@waconia.org
www.waconiaseniorcenter.org

Event & Activities Description

BINGO

Wednesdays 12:30pm

Join us for classic and Yahoo BINGO.

Birthday Parties

Wednesday, Dec. 31

Celebrate all birthdays during the month of October with some sweet treats!

Board Games

Thursdays 10am

Come and enjoy your favorite board games with your friends! Channel your competitive spirit and enjoy the element of chance.

Book Club

Tuesday, Dec. 2 1pm

Join us for a discussion of the book *"To Kill a Mockingbird"* by Harper Lee. This coming of age story is set in the 1930s American South, narrated by young Scout Finch. The novel explores themes of racism, injustice, and prejudice through her father, Atticus Finch, a lawyer who defends a Black man, Tom Robinson, against a false rape charge. The story also features Scout's childhood adventures with her brother and their fascination with a reclusive neighbor, Boo Radley, and teaches important lessons about empathy and integrity.

Bridge

Thursdays 12:30pm

Bridge is a four-player partnership trick-taking game with thirteen tricks per deal. The dominant variations of the game are rubber bridge, more common in social play; and duplicate bridge, which enables comparative scoring in tournament play. Each player is dealt thirteen cards from a standard 52-card deck. Open to beginners and experienced players!

Card Games/Games of Choice

Mondays & Wednesdays 10am

Drop in to join a variety of card games including: Hand & Foot, 500, and Kings Corner.

Christmas Arm Chair Travel Adventure *

Thursday, Dec. 18 10:30am-12pm

Come and experience the wonderful world of travel. Armchair travel will take you places throughout the world to learn about their culture, landscape, customs and celebrations! **This month's travel adventure we will be heading to the North Pole, followed by a festive trip to Europe experiencing a variety of Christmas traditions. To wrap up our travel adventure, bring a baked good from your ancestral country to share as we sing some traditional Christmas Carols!!**

Class of '65

Thursday, Dec. 4 10am

Meet other "65ers" to connect and reminisce!

Craft: Living Green Arrangement 💰 *

Tuesday, Dec. 2 10am-12pm

Cost: \$10

Come & enjoy craft therapy, socializing and discover your creativity! Let the wonderful scent of the holiday season fill your home by making your own "living pine" centerpiece for Christmas! All materials will be provided. Limited to 12 people. Please bring your fee with you the day of the event!

Cribbage: Learn & Play

Tuesdays 10am

A card game, usually for two players, in which each player tries to form various counting combinations of cards. Each player receives six cards, and the score is kept by moving pegs on a narrow rectangular board. Beginners and experts are invited to play.

Event & Activities Description

Donuts with EMT, Sara Burton *

Monday, Dec. 29 10-11am

Join us for coffee and donuts as we listen to updates from Sara Burton, an EMT from Ridgeview. Her updates will be entertaining and informative. You won't want to miss it!

Estate Planning for You & Your Loved Ones

Wednesday, Dec. 3 10:30-11:30am *

ESTATE PLANNING IS IMPORTANT FOR EVERYONE! More than just drafting a Will, it involves financial, tax, medical, and business-succession planning during your lifetime -- as well as determining how your property will be distributed after your death. Not normally a do-it-yourself task, estate planning requires the professional skill and advice of your attorney. It may also require the assistance of your accountant, financial consultant, insurance professional, and/or personal banker. During the seminar, you will be provided an overview of some of the basic issues involved in estate planning. We look forward to seeing you!

Food Trivia

Thursday, Dec. 18 12:30-1:30pm

Join us for our monthly trivia event. Each month we will pick a different theme. This month's theme...Food Trivia. From famous dishes and global cuisines to quirky food facts and culinary history, this event is packed with fun questions for every kind of foodie. Gather your team, grab a snack, and get ready for a deliciously good time filled with laughs, prizes, and friendly competition. Perfect for anyone who loves food and a little friendly challenge!

Foot Clinic 💰 *

Tuesday, Dec. 16 8am-4pm

Cost: \$65

Call 651.829.3944 to schedule your appointment at Safari Island in the Conference Room. Healthy feet enable you to maintain mobility and independence. Regular foot care is important for increased comfort and improved overall well-being. Registered nurses provide the following services: assessment of feet and skin, trim toenails, manage fungal nails, reduce corns/callus, and diabetic foot care.

Happy "Noon Years Eve" Celebration *

Wednesday, Dec. 31 11am-12:30pm

Come & join in on the fun at the "Happy Noon Years Eve" Party! Enjoy games, music, party hats, hors d'oeuvres, and even a little bubbly to bring in the New Year!! **Please bring a sweet treat to share for dessert!**

Intro to AI *

Thursday, Dec. 4 1-2pm

Curious about A.I.? Want to know more about Chat GPT? This lecture will introduce some of the basic ideas around artificial intelligence. We'll talk about how A.I. is being used today, what its current limitations are, and how it will shape the future!



SENIOR
COMMUNITY
SERVICES

Keep In Balance *🦯

Wednesday, Dec. 17 10:30-11:30am

One of the main risk factors for falling is poor balance. Using a chair for support this 60-minute class will use a variety of exercises that target your balance and lower body strength! Tennis shoes recommended.

Event & Activities Description

Keep It Moving *

Thursday, Dec. 30 1:30-2:30pm

Do you want to remain as functional & independent as possible? MOVEMENT is the key ingredient! Using a variety of methods, this class will combine cardiovascular exercise with strength training & flexibility. Regular "movement" can reduce the risk of falling, lower the risk of chronic diseases, help strengthen bones, improve energy levels & help reduce the risk of cognitive decline...SO "Keep It Moving" and be a healthier YOU!

Line Dancing *

Thursday, Dec. 11 1:30-2:30pm

Grab your friends and let's get together for a little fun and exercise! Line dancing is a low impact activity which provides an excellent therapeutic exercise for our body, mind, and soul. You will learn a variety of line dancing steps to current and classic country music, as well as pop and rock! You will progress from basic to more advanced steps. Reserve your spot online today. Classes are offered by Jane Breeggemann. Jane has taught for over 10 years, to beginners of all ages. She loves to share her passion of line dancing. "Remember life may not be the party that we hoped for...but as long as we are here we should dance."

Mahjong: Learn & Play

Mondays 12:45pm

A fun and popular tile-based game that was originated in China in the 19th century. It's a game of strategy, skill & luck, similar to rummy, where players try to be the first to collect 14 tiles of a certain combination. All levels are welcomed! If you have never played before a seasoned player will help guide you through the game. A GREAT way to challenge the mind!!! Mahjong sets provided by the Senior Center.

Mexican Train Dominoes

Tuesdays 10am

Mexican Train is a game played with dominoes. The object of the game is for a player to play all the tiles from his or her hand onto one or more chains, or trains, emanating from a central hub or "station". The game's most popular name comes from a special optional train that belongs to all players. Dominoes provided by the Senior Center.

Personal Technology Support *

Thursday, Dec. 4 12:30-3:00pm

Volunteers from Senior Community Services' Technology Education, Connection & Help (TECH) Services team can help you:

- Troubleshoot device settings or errors
- Find and use helpful device features
- Manage online security and safety
- Download and manage applications
- Virtually connect via Zoom or Facetime

Bring your device with you.



Poetry Group

Thursday, Dec. 11 11:30am

Explore poetry themed around the Joy & Love of Christmas past and present! A refreshing beverage will be provided for you while sharing the joy of reading poetry aloud as it is meant to be.

Quilting Group

Monday, Dec. 8 10-11:45am

All quilters, including beginners, are invited to join this group each month.

Event & Activities Description

SAIL (Stay Active & Independent for Life) * 🦽

Thursday, Dec. 4 11:30am-12:30pm

SAIL is an evidence based strength, balance, and flexibility fitness program for adults 65+ focusing on falls prevention. You'll be stronger, have better balance, feel better, and it will help you stay independent and active and prevent falls. The fitness class includes warm-up, aerobics, balance, strength training, and stretching exercises that can be done in a seated or standing position. The instructors are experienced and skilled and exercises have been tested with seniors!

Seniors Strength Exercise Class * 🦽

Monday, Dec. 1 11am-12pm

This is a total body workout with a focus on strengthening the core and limbs while amplifying the body's movement through stretch, improving overall balance, posture, muscle tone and mobility. By learning how to move the body in a healthy way, one can reduce pain, improve body awareness, avoid injury and reinforce proper movement principles.

Sheephead: Learn & Play

Tuesdays 10am

Sheepshead is a trick-taking card game, often called American Schafkopf, played with a deck of 32 cards (7-A of each suit). It typically involves 4 players, but variations exist for 2-8 players. The game revolves around trick-taking and point-gathering, with a goal of reaching 61 points to win a hand.

SideKick Theater: A Christmas Carol 💰 *

Tuesday, Dec. 9 10:30am-3:45pm

A wonderfully fresh look at the story of Ebenezer Scrooge and the ghostly visits he receives one Christmas Eve, this new musical rendition of the beloved Christmas tale is sure to provide a memorable experience for audiences of all ages. Narrated and accompanied by Brian Pierce as Jacob Marley and featuring some of the most talented performers and musicians in the Twin Cities, this magical production blends music, storytelling, humor, and a joyous holiday spirit. Bussing will be provided for this event, leaving the Waconia Senior Center at 10:30am. Please arrive a little early to board the bus. Lunch will be served at 11:30am and the show runs from 1-3pm, including an intermission. Prices include the dinner, show, and gratuity. The bus will bring you back to the Senior Center after the show, around 3:45pm. Registration is required by November 28th. Reserve your spot, since space is limited!

SilverSneakers Chair Yoga * 🦽

Mondays, Dec. 8 & Dec. 22

11:45am-12:30pm

Move your body through a series of seated and standing yoga poses. Chair support helps you safely perform a variety of postures designed to increase flexibility and improve balance and range of motion. Restorative breathing exercises and final relaxation promote stress reduction and mental clarity.

Soup & Salad Christmas *

Potluck with Mayor Litfin

Wednesday, Dec. 10 10:30am-12:30pm

Get ready to play some FUN Christmas games led by Mayor Litfin, followed by sharing a delicious lunch with friends!! **Bring your favorite soup or salad to share. Food sign-up available at the Senior Center.**

Senior Center Crossword

ACROSS

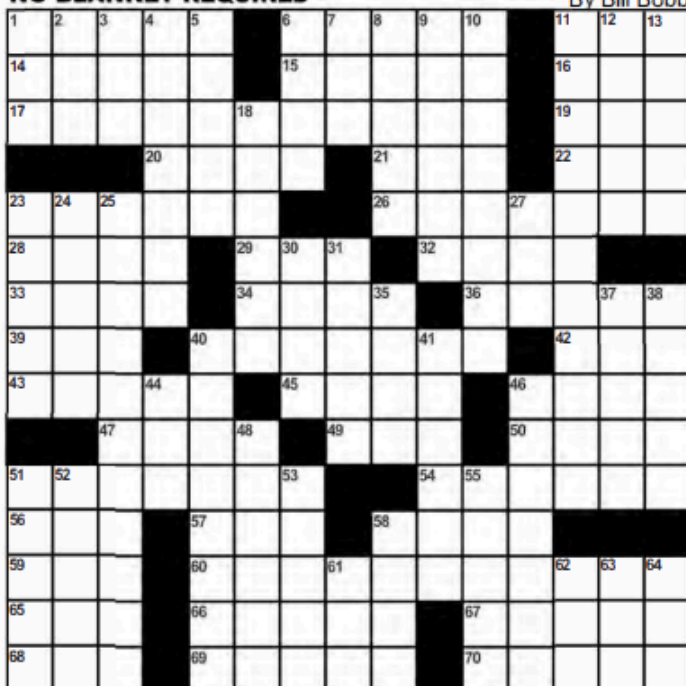
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|--------------------------------|--|
| 1) Small and elegant | 42) Chapter of history |
| 6) Star-to-be | 43) Medicinal ointment |
| 11) Popular cured meat | 45) Japanese aborigine |
| 14) Alaska resident | 46) 1944 Normandy event |
| 15) Be crazy about | 47) Young goats |
| 16) Liftoff precursor? | 49) Washout on the dance floor |
| 17) Easily infuriated | 50) "If all ____ fails ..." |
| 19) Dynamite's kin | 51) Retribution seeker |
| 20) Canadian native | 54) Pared or skinned |
| 21) Fox alternative | 56) Be less than candid |
| 22) Cultivating tool | 57) Opposite of WSW |
| 23) Angora fleece | 58) "In the headlights" animal |
| 26) Fringed carriages | 59) Republican Party |
| 28) Grand-scale poetry | 60) Difficult and controversial issues |
| 29) Bratty kid | 65) It has a wet head and hops |
| 32) Tofu source, in London | 66) Fragrant root used in perfumes |
| 33) Rectangular paving stone | 67) Lewis the puppeteer |
| 34) Well-ordered | 68) Musical discernment |
| 36) Exodus commemoration feast | 69) Money receiver |
| 39) Is after you? | 70) "Poly" add-on |
| 40) Jacuzzis | |

DOWN

- 1) Scrooge's utterance
- 2) Nobel-winning UN agcy.
- 3) "Private" transportation
- 4) Rejected one
- 5) Multiple wombs
- 6) Batman's garment
- 7) Fancy poem of tribute
- 8) Dawns, in poetry
- 9) Volcano on Antarctica
- 10) Humanitarian symbol
- 11) Like one in a rage
- 12) Be a pain in the neck
- 13) Parcels (with "out")
- 18) Sheep type
- 23) Arizona features
- 24) Type of house or glasses
- 25) Inn owner, sometimes
- 27) Bread type
- 30) Kind of physics
- 31) Place for some durable furniture
- 35) Bluefin, e.g.
- 37) Delete
- 38) Emitted sunbeams
- 40) Fly close to the ground
- 41) "Help yourself" offering
- 44) Diesel of films
- 46) Famines or shortages
- 48) Married woman, in Madrid
- 51) Pond scum, e.g.
- 52) String quartet part
- 53) Go for it again
- 55) Tenement arrangement
- 58) Amount of medication
- 61) Rhubarb or Boston cream
- 62) The "O" of Cheerios
- 63) Before, to a poet
- 64) Address for many officers

NO BLANKET REQUIRED

By Bill Bobb



UPCOMING EVENTS...

January 13: MN State Capitol Tour

February 6: St. Paul Chamber Orchestra

March 25: Chanhassen Dinner Theater - Guys & Dolls

April 2026: MIA Art in Bloom

May 2026: Barn Quilt Tour

June 2026: Hockata Ti Museum

Event & Activities Description



All exercise classes are provided by Safari Island Community Center. Members of Safari Island can attend class for free. Non-members pay a \$5 fee. Not registered as a member of Safari Island? Most insurances provide a FREE membership. Please contact Kristi Sherlock at 952.442.3105 or ksherlock@waconia.org to see if you qualify!



PROGRAM REGISTRATION REMINDER

Program registration is done online,
through our website (waconiaseniorcenter.org).
Our on-site staff will be available to assist, if needed.
Please call 952.856.4474 with any questions.



Registration Required



Fee Required



Exercise Class

ADVISORY COMMITTEE:

Barbara Brooks
Gail Erickson
Brenda Goede
Patsey Harris
Shirley Heinen
Bob Jax
Sue Leffler
Lynn Marie Stanley
Helenette VanEyll
Elaine Varner
Heidi Vars

NO BLANKET REQUIRED

By Bill Bobb

